

## SULTIMATE packing CHECKIST for all-inclusive VACATIONS

We've compiled a list of what we think is the best checklist for what to pack for your all-inclusive vacation. Chances are, you probably won't need to bring everything that's on this list, and that's okay. This is just a guideline of things that we, and many other frequent travelers that we asked, have found to be helpful to have with them and to make their vacation more comfortable.

Planning on what to wear depends on your destination, the season, and what you plan on doing, however, for most of your vacation, light, loose clothing is usually best. The key is to pack smart and not to over-pack. Having multiple outfit options is good, but most people find that they end up mixing and matching the same things multiple days, and therefore some clothing that they brought never gets worn.

Also, keep in mind that some hotels and resorts have dress codes for specific restaurants or public areas, and some tours and excursions have requirements for specific footwear. Many people also pack an outfit in their carry-on luggage just in case their check-in luggage is lost or delayed.

## 1

FOR THE BEACH	FOR THE RESORT	FOR COOLER WEATHER	FOR TOURS/EXCURSIONS
☐ Bathing Suit	☐ Sarong/Wrap/Pareo	☐ Light Sweater/Shawl	☐ Closed-Toe Shoes
Rash Guard/Swim Shirt	☐ Shorts	☐ Sweatshirt/Fleece	■ Water Shoes
☐ Hat	□ T-Shirt/Tank Top	■ Long-sleeved Shirt	☐ Shorts to Get Dirty
■ Sunglasses	☐ Sandals/Flip-Flops	☐ Jeans	☐ T-Shirt to Get Dirty
FOR AROUND TOWN	FOR THE GYM	FOR DINING & NIGHTLIFE	MISCELLANEOUS
Sundress	☐ Athletic Shorts	☐ Pants/Khakis	□ Underwear
□ Romper	Athletic Shirt	Collared Shirt	□ Pajamas/Sleepwear
☐ Camisole	Athletic Shoes	☐ Dress	□ Camisole
■ Leggings	☐ Yoga Pants	□ Skirt	■ Non-Valuable Jewelry
■ Walking Shoes	☐ Yoga Shorts	■ Blouse	□ Clutch Purse
□ Socks	■ Sports Bra	□ Dress Shoes	☐ Raincoat/Poncho
		Dress Socks	
		■ Belt	
		☐ High Heels/Wedges	
		☐ Stockings/Tights	
		☐ Strapless Bra	

It's usually best to bring your toiletries in your checked luggage rather than your carry-on because you'll most likely use a lot more of your liquids and gels than what is allowed by the TSA on a carry-on, and you won't want to worry about purchasing more when you're there. If you do need to put your toiletries in your carry-on luggage, remember the TSA's 3-1-1 rule: all liquids, gels, aerosols, creams, and pastes must be in a container of 3.4 oz [100 ml] or less, all must be zipped up in a 1-quart sized clear plastic zip-top resealable bag, per each passenger. This includes toothpaste, mouthwash, shampoo, lotion, makeup remover, etc. **BATHROOM PRODUCTS** MISCELLANEOUS □ Toothbrush ☐ Makeup ☐ Hairbrush ☐ Sewing Repair Kit □ Toothpaste ☐ Makeup Remover ☐ Comb ☐ Eyeglass Repair Kit ☐ Mouthwash ☐ Skin Moisturizer/Lotion ☐ Hair Spray/Gel/Mousse ☐ Stain Remover Stick/ □ Dental Floss ☐ Shaving Cream ☐ Hair Ties/Scrunchies Wipes □ Baby Powder □ Body Wash ☐ Razor ☐ Barrettes/Bobby Pins ☐ Shampoo ☐ Aftershave Contact Lenses ☐ Safety Pins □ Perfume □ Contact Lens Solution □ Conditioner ☐ Shower Cap ☐ Hair Relaxer □ Cologne □ Nail Clippers ☐ Facial Cleanser Deodorant ☐ Nail File/Emery Board ☐ Facial Tissues □ Hair dryer □ Nail Polish ☐ Washcloth ☐ Straightening Iron □ Nail Polish Remover □ Loofah □ Curling Iron ☐ Feminine-Hygiene

□ Compact Mirror

Unless you have a medication that you would need to take while you're traveling, it's best to pack all your medicines and first aid items in your check-in luggage instead of your carry-on. If you do need to bring these in your carry-on luggage, the TSA's 3-1-1 rule applies to these also—all liquids, gels, aerosols, creams, and pastes must be in a container of 3.4 oz [100 mt] or less, all must be zipped up in a 1-quart sized clear plastic zip-top resealable bag, per each passenger. It is also a good idea to bring proof that all of your perscription medications do indeed belong to you in order to avoid any complications that may arise when bringing them through Customs and Immigration. FIRST AID MEDICATION ☐ Hand Sanitizer ☐ Motion Sickness □ Itch Reliever □ Perscriptions ☐ Adhesive Bandages ☐ Multi-Vitamins ☐ Tweezers ☐ Sleeping Aid □ Gauze □ Prenatal Vitamins ☐ Asthma Inhaler ☐ Small Scissors ☐ Waterproof Bandage ☐ Headache/Migrane ☐ Epinephrine Pen □ Eye Drops Tape ☐ Muscle Pain/Arthritis Auto-Injector □ Ear Drops ☐ Cotton Balls □ Polysporin □ Indigestion/Constipation ☐ Birth Control Pills/ □ Antibiotic Cream ■ Nausea/Upset Stomach □ Cotton Swabs Contraception ☐ Thermometer ☐ Heartburn/Acid Reflux ☐ Tissues □ Cold/Flu ☐ Moleskin/Blister Pads □ Cough Drops/Lozenges ☐ Sunburn Gel/Aloe □ Rubber Bands ☐ Fever □ Allergy

Products

MEDIA		MISCELLANEOUS
☐ Camera	☐ MP3 Player	☐ Language Translation App
☐ Camera Charger	☐ MP3 Player Charger	☐ Money Conversion App
□ Cell phone	☐ Portable Speaker	☐ Hotel App
☐ Cell Phone Charger	☐ Portable Speaker Charger	☐ Airline App
☐ Tablet/e-Reader	☐ GPS Device	□ Customs/Immigration App
☐ Tablet/e-Reader Charger	☐ GPS Device Charger	□ VPN Account [2]
☐ Laptop	☐ Memory/SD Cards	☐ Extra USB Charging Cable:
☐ Laptop Charger	☐ Portable USB Battery Charger	
☐ Earbuds/Headphones	☐ Portable Alarm Clock	
☐ Earbuds/Headphones Charger	□ Power Adapter/Converter	
	☐ Batteries	

Whether you're flying on the plane, relaxing in your hotel room, or watching the kids play in the on the beach, here are some things that many people find convenient to have. Some, especially those traveling with children, like to bring chewing gum with them on the plane in order to help their ears pop when the air pressure in the plane cabin changes due to altitude differences. Also, depending on the amount of shopping you plan on doing, many people bring an empty collapsible suitcase or duffel bag with them so they can have more luggage space for their trip back home. And don't forget to pack a pen on your carry-on.



TRAVEL GEAR	LAND GEAR	WATER GEAR	MISCELLANEOUS
☐ Travel Pillow	☐ Backpack/Daypack	☐ Waterproof Camera	☐ Binoculars
☐ Travel Blanket	☐ Insect Repellant	□ Snorkel Equipment	□ Clothes Pins
☐ Travel Towel	☐ Biodegradable Sunscreen	☐ SCUBA Equipment	☐ Luggage Locks & Keys
☐ Sleeping Eye Mask	☐ Tanning Oil	☐ Swimming Goggles/Mask	☐ Portable Travel Safe
☐ Ear Plugs	☐ Chapstick/Lip Balm	☐ Swimming Fins	☐ Empty Duffel Bag
☐ Travel Games/Deck of	with SPF	☐ Swim Vest/Life Jacket	☐ Compact Umbrella
Cards	☐ Mini Flashlight	☐ Arm Floaties	☐ Rain Poncho
☐ Book/Magazine	☐ Handheld/Foldable Fan	☐ Beach/Sand Toys	☐ Carabiner
□ Reading Glasses	☐ Selfie Stick	□ Pool/Water Toys	☐ Small Power Strip/
☐ Travel Guide	☐ Lint Roller	☐ Inflatable Pool Float	Multi-outlet Adapter
□ Destination Map	☐ Insulated Travel Mug/	□ Waterproof Phone	
☐ Money Belt/Running Belt	Tumbler	Pouch	
☐ Waist Pack/Bra Stash	☐ Travel Laundry Bag	☐ Resealable Plastic	
☐ Empty Water Bottle	□ Wet Wipes	Storage Bags	
☐ Snacks	Note Pad		
☐ Chewing Gum	□ Pen		
☐ Rreath Mints	П		

Many have found it best to have all your documents printed out on paper just in case you run into technical difficulties with your internet connection or a malfunctioning mobile device when trying to locate and open your digital versions. Also, it may be helpful to make photocopies of important information and phone numbers for the rare occurance that you lose your passport or wallet.

**PAPERWORK** 

☐ REAL ID[3]

☐ Student ID

□ Credit Cards

☐ ATM Cards

☐ Driver's License

☐ Health Insurance Cards

☐ Travel Organizer with RFID

☐ Valid, Non-Expiring Passport

Protection

☐ Proof of Medical Perscriptions

☐ Hotel Transportation Reservations

☐ Notarized Parent/Minor Travel

☐ Travel Documents

□ Travel Insurance Info

☐ Hotel Reservation Info

☐ Emergency Contact Info

Permission[4]

☐ Bank Contact Info

taken care of before you leave in order to make your vacation as stress-free and enjoyable as it can be.

□ Boarding Pass

COPIES

□ Copies of Passport

☐ Copies of Driver's License

 $\square$  Copies of Travel Documents

☐ Copies of Hotel Reservations

Copies of Credit Cards

□ Copies of ATM Cards

Escaping from life's pressures and demands is great, but you'll still want to let	other's know that you'll be on vacation o
unreachable. Some responsibilites back home still have to be taken care of, so i	t's good to get as much prepared for and



LIFE & WORK	AT HOME	MISCELLANEOUS
☐ Notify credit card companies of vacation destination	<ul><li>☐ Arrange for care of pets and plants</li><li>☐ Store valuables in a safe place</li></ul>	☐ Leave house key and trip itinerary with a trusted friend or relative
☐ Notify bank of vacation	☐ Empty refrigerator of expiring foods	☐ Get several small dollar bills for
☐ Notify postal service to hold mail	☐ Unplug unnecessary appliances	tipping
□ Notify children's school about	☐ Turn off furnace/air conditioner	☐ Confirm flight is on time
upcoming absences	☐ Turn down water heater temperature	☐ Confirm transportation to airport
☐ Stop newspaper delivery	☐ Lock doors and windows	
☐ Set up email autoreply		o
☐ Pre-pay bills		o
☐ Purchase international cell		
phone plan		